

What does it all mean?

Rationale: This form, while appearing complicated, will give us a lot more information regarding behavioral episodes, which should lead to better treatment decisions. Given that staff don't have to write episodes in narrative form, it should become very quick and simple to complete this form, once you get the hang of it.

Instructions: Staff should fill out this form any time a target behavior occurs. Additionally, the "use of self-management" section should be completed any time staff observe the resident successfully managing a situation that would ordinarily cause behavioral upset. This will allow us to track their progress in skill acquisition. **Staff should match the most appropriate response (number) in each category on a "best fit" basis with the category options listed in corresponding boxes below.** There will be times when nothing seems to be a perfect match, but do the best you can.

Term Definitions:

Date: Write the date that the behavior occurred

Start time: When did the episode begin

Location: Where were they when the episode occurred?

Antecedent: What was going on before the behavior(s) occurred that might have caused or prompted the behavior(s)?

Behavior: Record all the behaviors that occurred in the order that they occurred (when possible)

Intensity of Episode: Based on your understanding of this individual, how intense was their upset?

Use of Self-Management: At what level did the individual attempt to remain in control with support that was provided

Consequence: How did staff or others respond to the behavior.

Outcome: 5 minutes after the staff intervention, what was the affect on the individual's behavior? Did it help or make things worse?

Response to feedback: How well did the individual respond to support from staff to remain in control?

Other clients: Write the initials of the other client(s) that were involved in the behavioral episode (if this interaction was the cause of the upset)

End time: The time where the behavioral episode ended.

Crisis Plan Use: What level of intervention was used to protect the resident and others from harm?

Risk Level: This is a rating that is made by the team of staff members working directly with a resident – immediately following the incident or at the regularly scheduled risk review meeting. It is intended as a way to communicate to others the seriousness of an incident and to evaluate environmental or access levels that should be used to decrease risk in the immediate future. It should also serve as a prompt to increase an individual's access to the community at times when they are not having behavior problems for extended periods.

Staff Initial: Initials of the staff that was most involved in the situation. This would be the best person for the behavior analyst to talk to about the event should there be any questions.

Individual Target Behavior Definitions (Record the following behaviors if they meet the following operational definitions):

Threats – verbal or physical comments that are perceived as defensive or attempts to intimidate others

Abusive language – comments that are derogatory or offensive.

Elopement or attempts to elope – leaving the facility during an upset without permission or supervision from staff.

Self-injury – Hitting or biting self in such a manner that physical harm was or could have been caused if not interrupted.

Property destruction – throwing or breaking items.

Physical aggression – hitting, kicking, biting or other actions toward others that could cause harm (contact required to count as aggression).

If the person merely gestures without contact, it should be scored as a threat. Attempts to hit or cause harm that are "dodged" or interrupted by staff that would have resulted in possible injury would be scored as aggression.